

DRESS AND GROOMING STANDARDS 23-24

Lutheran Northwest is primarily interested in the spiritual growth of each student; Lutheran Northwest is committed to equip students for a life of Christian service through a curriculum of academic excellence, encouraged through a caring Christ centered environment where God's Word is shared daily. As a Christian community, our school encourages and expects proper speech, dress, and manners. The purpose of these guidelines is to set standards of acceptable school dress and grooming.

Our goal is to maintain an atmosphere conducive to serious educational pursuits. Within the limits of the guidelines, students have the opportunity to express themselves as unique creations of God with various styles of dress and grooming. We strive to project a distinctive, bold, and positive image to the community.

Lutheran Northwest students are expected to observe the school dress standards. We desire that students dress modestly and neatly, that they avoid extremes in dress and conduct that would tend to attract unfavorable attention to themselves or to the school; remembering that as Christians, we not only represent ourselves through what we do and how we dress, but we are also reflecting our Lord and Savior. Parental cooperation is essential to maintaining a quality educational environment. In addition, appearance has an impact on attitudes and behaviors, and research indicates that it is ranked second only to communication in terms of qualities associated with professionalism.

Modesty is important and should be followed closely by all students attending Lutheran Northwest. Outfits that are too tight and/or too revealing are not to be worn. The latest fashion or fad may not fit the dress code. Any male or female clothing that gives a sloppy appearance is inappropriate. Anything that could be interpreted by the school staff as being in "poor taste" will not be allowed. Students are expected to maintain a level of modesty and avoid a sloppy appearance anytime they are on school property; including all after school activities.

In all manners regarding conduct, dress, and overall appearance, the school reserves the right to counsel, reprimand, give detentions, suspend, and even dismiss a student that does not cooperate or comply with the school standards. A student will be withheld from class, at the administration's discretion, if appropriate clothing is not obtained. If there are any questions, please check with the assistant principal in advance as to the appropriateness of the article of clothing. The school administration is the final judge of the appropriateness of all student attire.

The dress code is in effect from the first day of school until after the students are dismissed from the last second semester final period. In order to be helpful to parents and students the following specifics are listed:

- Clothing and accessories should reflect the mission and values of Lutheran Northwest, and shall not encourage, promote, or reference any individual, product, message, or values that are contrary to biblical truths.
- Clothing or accessories shall not reference drugs, alcohol, or tobacco.
- Face masks need to be a solid color or have a pattern. Lutheran Northwest Spirit Wear (including homemade) face masks are approved. Other approved logos are Christian Crosses, the American flag, and professional sports teams and colleges. Words and phrases are not allowed. Face masks should adhere to the Christian standards of Lutheran Northwest. The administration has the final say on what face masks are approved.

Men's Dress Code Standard

Shirts

1. Students are to wear shirts with a fold-over collar or a crew neck with buttons
 - a. Logos and print advertisements are allowed, provided they are smaller than a standard 3 by 5 index card and satisfy the general standards
 - b. Sweaters, quarter zips, and LHNW jackets may be worn over shirt per rules 1 and 3. Sweatshirts, any shirt with a hood, t-shirts, jerseys, tank tops, and thermal underwear are not allowed.
 - c. Coats and jackets, including full zip fleece and letterman jackets, should be left in a student's locker.
2. Shirts will be worn as intended
 - a. Shirts that are straight cut on the bottom may be worn untucked
 - b. Shirts that have tails or have been cut must be tucked in
 - c. Shirts should cover the entire torso, even when raising hand
 - d. All buttons, except for the top two buttons, must be buttoned

3. Lutheran Northwest school apparel/spirit wear featuring the school logo, name, etc. and has the Crusader logo on the back is permitted
 - a. This does not include letter jackets or team issued uniforms
 - b. LHNW team jackets may be worn, but they must be zipped up.

Pants

1. Students shall wear pants of the appropriate size, on the waist as intended, with a neat and modest appearance.
 - a. Pants should be loose fitting around the ankles
 - b. Pants will have a normal waistband (no elastic)
 - c. Pants will be free of holes, frays, or rips
 - d. Yoga/exercise pants, flannel, nylon, pajama, mesh, spandex, vinyl, or sweat suit style pants are not allowed.
 - e. No overalls of any kind
2. BLUE jeans may be worn on Fridays
 - a. Denim shorts are not allowed
 - b. Jeggings and leggings are not allowed, even on prescribed "comfy days"
3. Modest cut dress shorts may be worn all year long
 - a. Cutoffs, athletic/gym shorts, or any spandex style clothing is not allowed
 - b. Shorts will also be free of holes, frays, or rips
 - c. Shorts will be within 3 inches of the kneecap while standing

Shoes

1. Footwear must be worn at all times.
2. Flip-flops and slide sandals are not permitted.
3. Sandals that are worn must be dress type sandals not beach-wear.

Hair/Jewelry/Other

1. Hair is to have a neat appearance and be of a God given color.
 - a. Hair shall not reach below the top of a dress shirt, cover the entire ear, hang in the eyes, or cover the eyebrows.
 - b. Hair standards are in effect at all times, students cannot "style" hair to meet standards
 - c. Extreme hair colors and designs are not allowed.
2. Facial hair is not permitted.
3. Visible tattoos and any piercings are not permitted.
4. Painting and/or coloring of fingernails and/or toenails is not permitted.
5. Outdoor wear such as sunglasses, scarves, gloves, and hats are not permitted.
6. Chained jewelry/wallets are not permitted.
7. Blankets and sleepwear are not permitted during school hours (except during school sanctioned "dress up days").
8. Outerwear (Jackets, gloves, mittens, hoods, capes, bandanas, hats, etc.) are not permitted to be worn during school hours.
9. Headphones and Earbuds are not to be worn or visible.
10. Undergarments may not be exposed or visible through any type of clothing.

Women's Dress Code Standard

Shirts

1. Students are to wear shirts with a crew neck, a fold down collar or with a neckline that remains above the collarbone
 - a. Logos and print advertisements are allowed, provided they are smaller than a standard 3 by 5 index card and satisfy the general standards
 - b. Sweaters, quarter zips, and LHNW jackets may be worn OVER shirt per rules 1 and 3. Sweatshirts, ANY SHIRT with a HOOD, t-shirts, jerseys, tank tops, and thermal underwear are not allowed.
 - c. Coats and jackets, including full zip fleece and letterman jackets, should be left in a student's locker.
2. Shirts will be worn as intended
 - a. Shirts that are straight cut on the bottom may be worn untucked
 - b. Shirts that have tails or have been cut must be tucked in
 - c. Shirts should cover the entire torso, even when raising hand
 - d. All buttons, except for the top 2 buttons, must be buttoned

- e. Material that is sheer, clinging or immodest (e.g. cut too low) is not permitted. Bareback tops and bare midriffs are not permitted.
 - f. Sleeveless tops/dresses must cover the shoulder. **Straps must be at least 2" wide.**
3. Lutheran Northwest school apparel/spirit wear featuring the school logo, name, etc. and has the Crusader logo on the back is permitted
- a. This does not include letter jackets or team issued uniforms
 - b. LHNW team jackets may be worn, but they must be zipped up.

Pants

1. Students shall wear pants of the appropriate size, on the waist as intended, with a neat and modest appearance.
 - a. Pants should be loose fitting around the ankles
 - b. Pants will have a normal waistband
 - c. Pants will be free of holes, frays, or rips
 - d. Yoga/exercise pants, flannel, nylon, pajama, mesh, spandex, vinyl, or sweat suit style pants are not allowed
 - e. No overalls, jumpers, bib type clothing.
2. BLUE denim may be worn on Fridays
 - a. Jeggings and leggings are not allowed, even on prescribed "comfy days"
3. Modest cut shorts may be worn all year long
 - a. Cutoffs, athletic/gym shorts, or any spandex style clothing is not allowed
 - b. Shorts will also be free of holes, frays, or rips
 - c. Shorts will be within 3 inches of the kneecap while standing
4. Dresses and skirts are allowed
 - a. Straps are to be at least 2" wide
 - b. The length of dresses and skirts should be no shorter than 3" above the kneecap at all times. This rule applied even when wearing tights underneath.
 - c. Leggings are permissible under a dress/skirt as long as the dress/skirt conforms to all dress standards and expectations.

Shoes

4. Footwear must be worn at all times.
5. Flip-flops and slide sandals are not permitted.
6. Sandals that are worn must be dress type sandals not beach-wear.

Hair/Jewelry/Other

1. Hair is to have a neat appearance and be of a God given color
 - a. Hair shall not hang in the eyes or cover the eyebrows
 - b. Extreme hair colors and designs are not allowed
2. Earrings allowed in ears only; no gauges, fillers, etc. are allowed.
3. Visible tattoos and body piercings are not permitted
4. Blankets and sleepwear are not permitted during school hours (except during school sanctioned "dress up days"
5. Outerwear (Jackets, gloves, mittens, hoods, capes, bandanas, hats, etc.) are not permitted to be worn during school hours.
6. Headphones and Earbuds are not to be worn or visible
7. Undergarments may not be exposed or visible through any type of clothing