



**LUTHERAN
NORTHWEST**

Lutheran High School Northwest

**Interim Program Description
April 2nd-5th, 2024**

Sports, Arts & Beats



Description: Each day the group will participate in a sports, arts, and beats activity in the Metro Detroit area. These activities will allow us to grow and learn how to work as a team, learn creative skills, challenge ourselves and appreciate art in many forms. The day will also include a food experience in a variety of dishes to complement the theme of each activity. This program is based on a group size of 15-30 students.

Food

- Each student **MUST** bring \$20-\$25 each day to cover the cost of food.
- All food expenses will be paid by the student. No exceptions.

Activities

- X-Treme Escape Rooms \$32
- Painting with a Twist \$40
- Full Throttle Adrenaline Park \$62
- Basic Home Repairs \$56
- Each student will receive their own Personal Tool Kit

Total Cost of All Activities Per Student: \$190

Leader: Mr. Dominick

Daily Experiences (may not occur in this exact order)

Day 1- Theme: Basic Household Repairs

We will spend a day understanding and repairing the 10 Most Common Items that everyone should know how to fix. Whether you live at home, soon to be at a college in the dorms or just a DIYer, knowing how to fix common household problems will save you from a pricey repair bill. Our food experience will be at Lukich's Family Restaurant in Troy.

Day 2- Theme: Team Building

We will play a game at X-Treme Escape Rooms in Shelby Township, Michigan. We will engage in this unique experience with a competitive and energetic spirit, encouraging each other to work together and play in a positive, team building manner. This experience will help us challenge ourselves and learn what works and doesn't work by trial and error throughout the game. Our food experience will be at Da Francesco's in Shelby Township.

Day 3- Theme: Self Discovery through Art:

We will visit Painting with a Twist Store in Rochester Hills, Michigan, where we will have a private class of canvas painting guided by a teacher from the store. Before the visit, those participating will collectively decide on which artwork they will work on as a group. This experience will encourage the students to use their imagination, creativity, and artistic side. It will also be a great learning and bonding experience for everyone, inspiring peer dialogues. Our food experience will be at Miguel's Cantina in Rochester Hills, tasting a variety of flavors and dishes, which will mirror the theme of the painting class.

Day 4- Theme: Team and Skill Building:

We will partake in High-Speed Go Karting, Virtual-Reality and Axe Throwing. This experience will encourage the students to have more opportunities to participate in team and friendship building, as well as increase their skills. Our food experience will be at Hibachi House Grill in Rochester Hills, where students will get the cultural experience of watching food prepared at a Teppanyaki table by a master Hibachi Chef.